

### Munahoo Neum,

Tzow Wayawee, Good August. Hope everyone is staying cool in this summer heat.

Now some cool things that have been happening here on the Rancheria. We are in full swing with construction at the new Family Services Building. If you happen to come up to the Fuel Station, a tribal discount is now available for tribal members. You are required to pay inside and present a Tribal ID. As you are walking into the General Store, the casino just finished up some upgrades to the side of the building where all the air ducts are located, it was a well needed maintenance.

The CAP Department will be having a few summer events coming up. Please look at the calendar attached for more details. Also, pay attention to the Big Sandy Rancheria Facebook page, we are constantly updating our home page. The gym is now open for open gym from 6-8pm, Monday through Friday. Like always be safe out there and have a blessed rest of your month.

**REMINDER:** The newsletter is available by email, if you would like to start receiving the newsletter through email rather than mail please contact the Tribal Office at 559.374.0066.

<u>Council Meetings</u>		<u>Tribal Office Holiday Schedule</u>			
<b>Tribal Council</b>	General Council	Date	Holiday		
Wednesday, August 25, 2021	Sunday, September 26, 2021	Monday, September 6, 2021	Labor Day		
Wednesday, September 29, 2021	Sunday, December 12, 2021	Friday, September 24, 2021	California American Indian Day		
Wednesday, October 27, 2021		Thursday, November 11, 2021	Veteran's Day		
Wednesday, November 24, 2021		Thursday, November 25, 2021	Thanksgiving Day		
Sunday, December 12, 2021		Friday, November 26, 2021	Day after Thanksgiving		

Michael Adkins Gabriel Atwell Monique Bailey Peter Ballard Dennis Baty Shelby Baty Gladys Beecher Lori Beecher Jude Berry Naiara Berry Rochelle Bonillas Serena Brown Max Cano Mia Cano Wiley Carpenter Angela Ĉastro Lisa Chenot Shyanna Contreras Rebeka Cruz Joshua Davis

### August Birthdays

Nathaniel Espinoza Adrianna Garcia Audría Garríson Mia Gonzales Carrillo Guevara-Phelan Mathis Jackson Celeste Johnson Elizabeth Kipp Emily Lara Brittney Jawne Lavell Jessica Lewis Kimimila Pxeta Lewis Mileena Lewis Wanbli Luta Lewis Jeffrey Marquez Christopher Martinez Jeff Marvin Michael Marvin Neisha Marvin Travis McFarland

Carl Oliver Miracle Oliver Esperanza Perches Dezirae Perez Tahnoni Perez **Robert** Perez Diana Reid Maxwell Richards Michael F. Richards Kayla Riley Victor Rios Amber Robertson Isaiah Rodriguez Melanie Sandoval Micah Sandoval Sammy Santillian Gabriel Segovia Julian Segovia Howard Stamp Benjamin Vallës Dávis Wilson



### Western Mono Language

Summer

Tah-za-wau-nau

Sunrise

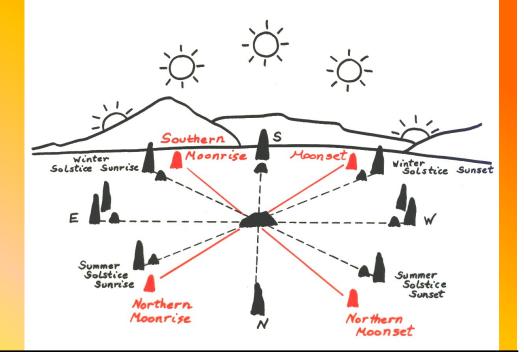
Mau-hau-soos

Ta-dah-bee

Sun

Sunset

To-yo-maught



### **BSR Elders Corner**

THE ELDERS WILL HAVE AN UPCOMING TRIP TO BLACK OAK CASINO IN SEPTEMBER. TO SIGN UP. PLEASE CONTACT LEANN ANGUIANO AS SOON AS POSSIBLE. SIGN UPS ARE FIRST COME FIRST SERVE. KEEP A LOOKOUT FOR MORE DETAILS **REGARDING THE FIDERS TRIP.** ANY QUESTIONS CONTACT LEANN AT 559.374.0066.



### ommunity EXT FOOD BANK Thursday, August 19, 2021 9:00am-12:00pm

**Big Sandy Rancheria** 37387 Auberry Mission Rd Auberry, ČA 93602 \*every third Thursday of the month



**Open Everyday** 6:00am-10:00pm

559-825-6645

37302 Rancheria Lane Auberry, CA 93602

### free healthy meals



### available all summer long



information at 559.374.0066 ext. 216



The BSR Summer Food Program will be starting in June.

**Dates** 

Meals Breakfast 8:30-9am 12-12:30pm Lunch

June 7- August 16

Location Big Sandy Rancheria Multi-Purpose Building 37387 Auberry Mission Rd. Auberry, CA

Please be sure to complete an application with CAP to confirm you qualify.

#### Equal Opportunity

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027), found online at <u>https://www.ascr.usda.gov/filing-program-discrimination-complaint-usda-customer</u> and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410 Mail:

Fax: 202-690-7442

E-mail: program.intake@usda.gov

This institution is an equal opportunity provider.

# BSR Hzad Start

### This year BSR Tribal Head Start program will begin September 7<sup>th</sup>, 2021

Applications for the fall are being accepted until the 6<sup>th</sup> of August. If you have any questions concerning Head Start please call 559 374 0066 EXT. 216 or stop by and talk to Teacher Edwina or Johanna. Returning Head Start students will receive calls the first week in August to update files for the upcoming school year.

Head Start graduates be on the look out for information regarding Kindergarten orientation. Students moving on to kindergarten in the fall will receive a welcome letter from the school district with full details on orientation and the first day of school.

Sierra Unified will begin the school year on August 17th.

### Helping with first day jitters:

Anxiety in children can take different forms depending on their personalities, as parents and guardians we know our children the best. Anxiety can look like tantrums and sleeping problems: not wanting to sleep alone or refusing to sleep.

Maintaining strong relationships within the family and try hard to create a stable home environment will give your children the resilience and the ability to adapt.

It is crucial for parents to model calmness, be honest, and caring. Try hard not to pass your own fears onto your child and do not hesitate to reach out if you need to talk.

### Special Day Reminders

Head Start

**Applications Due** 

August 6th, 2021

#### **Community Food**

<u>Bank</u>

August 19th, 2021

Closed: Staff

### **Development Day**

August 20th, 2021

### **Closed: Preservice**

### **Training**

Aug 30th thru Sept 3rd, 2021

<u>1st Day of Head</u> <u>Start</u>

September 7th, 2021

Phone: 559 374 0066 Ext.216



NEW ENROLLMENT

### (ages 0-3yrs)

Applications for new school program year September 2021-2022 are now being accepted. Once applications are received follow ups for the required documents are done. Then home visits will take place during the 3rd and 4th week of August with your child's teacher. Our goal for the new school year will be in person starting September 7th.

The EHS Program Offers:

- Education
- Health
- Nutrition
- Mental Health
- Social Services
- Parent Involvement

Various Services for Children with Disabilities

Early Head Start Programs reserves 10% of enrollment for children with disabilities. Employment Opportunities

• Teachers <u>Location</u>: Big Sandy Open Until Filled

Drive Thru End of the Year Event scheduled for August 19th at Noon.

Returning Families, please make sure all health documents are updated and submitted by July 30th Returning children need updated immunization, well checks ,dental, screenings, hemoglobin, lead and TBs. The new school year is scheduled to begin <u>September 7, 2021</u>. If you need any assistance please contact us at the below emails. Family zooms are being done through the month. Check your email or text for updates. Drop boxes are located at the center.

37190 Jose Basin Rd. Auberry Ca. 93602 (559) 855-7511, fax (559) 855-7515

Brenda Franks, Site Supervisor– bfranks@ovcdc.com Blossom Hunter, Family/Child Services Specialist- bhunter@ovcdc.com



Social & Human Services Department

### Victims Assistance Program Monthly Zoom Meeting

WEDNESDAY

August 11, 2021 @ 1:30PM Back to School Routines August 25, 2021
@ 1:30PM
Family Bonding Activities

EDNESDA

Join Zoom Meeting https://zoom.us/j/8806916871?pwd=UXloN2RaZHIERVZMN0tUK1hKLzdWUT09

Meeting ID: 880 691 6871 Passcode: BSR2



Big Sandy Rancheria Social & Human Services Department

### POSITIVE INDIAN PARENTING CLASS

Spots available! Sign up by calling (559) 374-0049 ext. 215 or 243

#### 8 WEEK COURSE DATES WILL BE DETERMINED AFTER YOU SIGN-UP

ALL COVID-19 Protocols will apply during sessions. Temperatures will be taken Hand sanitizer will be available Masks will be available if you do not have one

### Youth Grant Opportunity

Community involvement is something that can start small and make a big impact. Step up and shape your community in positive ways with a community service mini grant. Open to American Indian and Alaska Native youth 13-21 years old with an adult mentor. The grant funds up to \$475 for a community service project.

Find a group of friends and brainstorm an idea: Get inspired with ideas from : <u>dosomething.org</u> Or create your own activity in conjunction with a National health observance like World No Tobacco Day or Teen Pregnancy Prevention Month: <u>healthfinder.gov</u>

Contact the Social & Human Services Department if you are ready to apply! 559.374.0066 ext. 243



# Reuse the Past



# Save the Future Big Sandy Rancheria Community Swap Meet



## Saturday September 18th, 2021 9am to 1pm

BSR Environmental Dept. would like you to join us for a community swap meet at our BSR Pow Wow grounds!

Buy-Trade-or Sell, get some great emergency preparedness and environmental education or simply come out and be social we are looking forward to seeing you!



For any questions or to receive a vendor application, please contact: Rebecca Riley @ 374-0066 ext. 240 or @ rsewell@bsrnation.com

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### BIG SANDY RANCHERIA ENVIRONMENTAL DEPARTMENT WATER DIVISION August 2021



### Water pollution

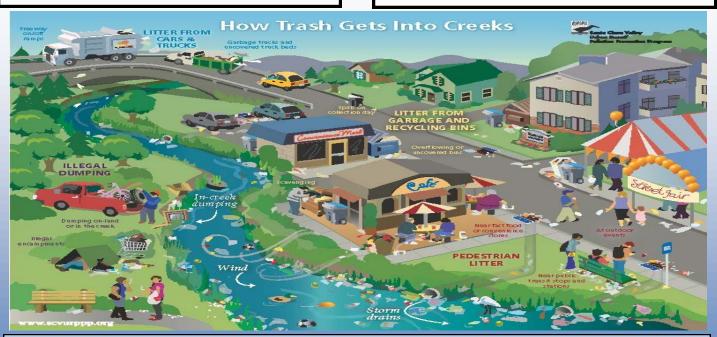
What is it?

### What is water pollution?

Water pollution occurs when harmful substances—often chemicals or microorganisms—contaminate a stream, river, lake, ocean, aquifer, or other body of water, degrading water quality and rendering it toxic to humans or the environment. There's also all the random junk that industry and individuals dump directly into waterways.

### What can we do about it?

It's easy to tsk-tsk the oil company with a leaking tanker, but we're all accountable to some degree for today's water pollution problem. Fortunately, there are some simple ways you can prevent water contamination or at least limit your contribution to it: Reduce your plastic consumption and reuse or recycle plastic when you can. Properly dispose of chemical cleaners, oils, and nonbiodegradable items to keep them from ending up down the drain. Maintain your car so it doesn't leak oil, antifreeze, or coolant.



For more information regarding the Environmental Department please contact: Travis McFarland | 559-374-0066 ext. 224 | TmcFarland@bsrnation.com

# Work Force Development

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The crew worked on four projects during this time period. Constructing trail on the San Joaquin River Trail near Redinger Lake. A fuel reduction project in Cedar Valley near Oakhurst with Calaveras Healthy Impact Project Solutions (CHIPS). BSR PG&E Powerline project, clearing and cutting brush under the powerlines to reduce fire activity. Six days overnight camping near Edison Lake in the Sierra National Forest, clearing trees and rebuilding trails. If you have any questions please contact Rick Fleming WFD Director (559) 374-0066 ext. 230



SJRT creating tread





Edison Cross cutting tree



Edison moving log



Edison Cross falling tree



Cedar Valley, cut oak

BSR Powerlines Chipping

After Clearing





**BSR & CAP PRESENTS** 



# Even Friday August 13, 2021 5:00pm-7:00pm Location: BSR GYM Parking Lot **Outdoors Event:** \* Educational Fair.

Students need to participate in this event, Grades K-12th students are eligible to receive their backpack & school supplies. This is a Family Formation Event so please bring your entire famliy. (WHILE SUPPLIES LAST)

mmie Walker @ (559) 374-0067 or twalker@bsrnation.com

# CAP Computer Classes

- Computer Basics
- Elders Classes
- Tutoring
- Adult Education

Classes held Mondays and Wednesdays @ 10am.







BIG SANDY RANCHERIA COMMUNITY ACTIVITIES PROGRAM FITNESS



MONDAY ------ FRIDAY Ages 13 & Up Only

CONTACT INFORMATION: ccarpenter@bsrnation.com 559-374-0066 ex. 207 twalker@bsrnation.com 559-374-0066 ex. 214

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# STRING ART MONDAYS IN AUGUST

Big Sandy Rancheria Community Activities Program

Zoom Meeting Mondays at 4:00pm ID # 478 168 0681 Password 404600

**BIG SANDY** 

for more information contact Noreiva Alarcon 374-0066 ext 207 nalarcon@bsrnation.com

### Culture Care Cultivating Community Tuesdays / 4:00 pm

#### Remembering Our Ancestors

Decorate a hand drum & write a song to remember our anscestors.

Honoring Our Elders Make a lanyard keychain & give it

to an elder as a gift.

our youth?

August 3 & 10





August 24

Acknowledging Our Leaders Write one of our community leaders a letter to let them know we appreciate them.

Inspiring Our Youth Watch this 5 minute Ted Talk Video, http://youtu.be/uXY\_Sx07d0M, a Ted Talk about how there is no such thing as failure in native culture. How can we change the way we teach



the way we t

Contact: ccarpenter@bsrnation.com 559-374-0066 ext. 207 Zoom Link:

https://zoom.us/j/98494985445







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### Keep Me Wild: Mountain Lion California Mountain Lions

More than half of California is mountain lion habitat. Mountain lions generally exist wherever deer are found. They are solitary and elusive, and their nature is to avoid humans. Mountain lions primarily eat deer, but, if allowed, they will prey on vulnerable pets and livestock. In extremely rare cases, even people have fallen prey to mountain lions. In recent years, there have been ever-increasing interactions between people and mountain lions. As a result, CDFW has developed strategies to address the risk of mountain lions on the landscape, and highly trained scientific and law enforcement staff address all cases of human conflicts with mountain lions. Importantly, cases where mountain lions threaten people are immediately addressed. In cases when livestock or pets are killed by mountain lions, the CDFW has established decision-making processes in issuing permits for mountain lion depredation, which are rooted in the depredation provisions of Proposition 117 (Fish and Game Code sections 4800-4810). Since 2017, CDFW's approach has been deliberative, starting with a three-step policy being implemented in the Santa Monica Mountains and Santa Ana Mountains. In February 2020, the policy was expanded to the larger proposed evolutionarily significant unit (ESU) contained in the petition to the Fish and Game Commission (more below) to list mountain lions under the California Endangered Species Act (CESA). The proposed ESU encompasses an area stretching from San Francisco in the north to the Mexico border the south and from I-5/I-15 in the east to the coast. A primary focus of the three-step deliberation is to prioritize and pursue approaches and actions that are non-lethal in accordance with Fish and Game Code section 4801.5, which provides that non-lethal measures shall be used when issuing depredation permits unless otherwise stated in Chapter 10 of Division 4 of the Fish and Game Code. In July 2019, the Center for Biological Diversity petitioned the Commission to list mountain lions as threatened under CESA within a proposed ESU located in Southern California and along the central coast of California. In April 2020, the Commission found that listing of this ESU may be warranted and designated mountain lion within the ESU as a candidate species under CESA. As a result, CDFW is now completing a 12-month status review of mountain lions within the proposed ESU. At the end of the review, CDFW will make its recommendation on listing to the Commission. Under CESA, species classified as a candidate species are afforded the same protection as listed species. As a result, mountain lions in this proposed ESU are CESA-protected during the review period. Help prevent unwanted conflicts with these beautiful wild animals. Do your part, keep them wild.

### Keep Me Wild: Mountain Lion Living in Mountain Lion Country

Acknowledge that you live in mountain lion country and make a commitment to educate yourself. Talk to your neighbors and work together. Never feed deer or other wildlife; it is illegal to feed deer and other big game in California and it will attract mountain lions. Deer-proof your landscaping by avoiding plants that deer like to eat. For tips, request A Gardener's Guide to Preventing Deer Damage from CDFW offices. Trim brush to reduce hiding places for mountain lions. Don't leave small children or pets outside unattended. Install motion-sensitive lighting around the house. Provide sturdy, covered shelters for sheep, goats, and other vulnerable animals. Don't allow pets outside when mountain lions are most active—dawn, dusk, and at night. Bring pet food inside to avoid attracting raccoons, opossums and other potential mountain lion prey.

### What to do if you Encounter a Mountain Lion

Mountain lions are guiet, solitary and elusive, and typically avoid people by nature. However, as human population expands into mountain lion habitat, more frequent sightings may occur and human/mountain lion encounters may increase. Mountain lion attacks on humans are extremely rare. However, attacks have occurred in California. Understanding mountain lion behavior and how to act responsibly in mountain lion country may greatly reduce potential conflict with these majestic animals. The following safety information is a compilation taken from wildlife managers, wildlife officers and scientists that study mountain lion behavior. Although no strategy in the event of an encounter is guaranteed to be successful in every situation, these tips will help keep you safe in lion country. Do not hike, bike, or jog alone. Stay alert on trails. Avoid hiking or jogging when mountain lions are most active – dawn, dusk, and at night. Keep a close watch on small children. Off leash dogs on trails are at increased risk of becoming prey for a mountain lion. Never approach a mountain lion. Give them an escape route. DO NOT RUN. Stay calm. Running may trigger chase, catch and kill response. Do not turn your back. Face the animal, make noise and try to look bigger by waving your arms, or opening your jacket if wearing one; throw rocks or other objects. Pick up small children. Do not crouch down or bend over. Squatting puts you in a vulnerable position of appearing much like a 4-legged prey animal. Be vocal; however, speak calmly and do not use high pitched tones or high pitch screams. Teach others how to behave during an encounter. Anyone who runs may initiate an attack. If a lion attacks, fight back. Research on mountain lion attacks suggests that many potential victims have fought back successfully with rocks, sticks, garden tools, even an ink pen or bare hands. Try to stay on your feet. If knocked down, try to protect head and neck. If a mountain lion attacks a person, immediately call 911. Report unusual mountain lion behavior to your local CDFW regional office.

Alagast -						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 After School Program Delivery BSR Computer Lab 10am String Art ZOOM 4pm Open Gym 6-8pm	3 Cultivating Community ZOOM 4pm Open Gym 6-8pm	4 Computer Lab 10am Family Fitness ZOOM 3:30pm Great Outdoors ZOOM 4:30pm Cooking Class ZOOM 4pm Open Gym 6-8pm	5 TULE RIVER FOOD DISTRIBUTION 10:20-12PM Family Fitness ZOOM 3:30pm Teen ZOOM 4pm Open Gym 6-8pm	6 CLOSED GYM CAP STAFF DEVELOPMENT	7
8	9 After School Program Delivery BSR Computer Lab 10am String Art ZOOM 4pm Open Gym 6-8pm	10 Cultivating Community ZOOM 4pm Open Gym 6-8pm	11 Computer Lab 10am Family Fitness ZOOM 3:30pm Great Outdoors ZOOM 4:30pm Open Gym 6-8pm	12 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm Open Gym 6-8pm	13 BACK TO SCHOOL EVENT 5-7PM	14
15	16 After School Program Delivery BSR Computer Lab 10am String Art ZOOM 4pm Open Gym 6-8pm	17 Cultivating Community ZOOM 4pm Open Gym 6-8pm	18 Computer Lab 10am Family Fitness ZOOM 3:30pm Great Outdoors ZOOM 4:30pm Cooking Class ZOOM 4pm Open Gym 6-8pm	19 FOOD BANK 9-12PM Family Fitness ZOOM 3;30pm Teen ZOOM 4pm Open Gym 6-8pm	20 Family Fitness ZOOM 3:30pm Game Night ZOOM 4pm Open Gym 6-8pm	21
22	23 After School Program Delivery BSR Computer Lab 10am String Art ZOOM 4pm Open Gym 6-8pm	24 Cultivating Community ZOOM 4pm Open Gym 6-8pm	25 TRIBAL COUNCIL MEETING 10AM Computer Lab 10am Family Fitness ZOOM 3:30pm Great Outdoors ZOOM 4:30pm Open Gym 6-8pm	26 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm Open Gym 6-8pm	27 Family Fitness ZOOM 3:30pm Game Night ZOOM 4pm Open Gym 6-8pm	28
29	30 After School Program Delivery BSR Computer Lab 10am String Art ZOOM 4pm Open Gym 6-8pm	31 Cultivating Community ZOOM 4pm Open Gym 6-8pm				

September						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			l Computer Lab 10am Family Fitness ZOOM 3:30pm Arts & Crafts ZOOM 4pm Open Gym 6-8pm	2 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm Open Gym 6-8pm	3 CLOSED GYM CAP STAFF DEVELOPMENT	4
5	6 TRIBAL OFFICES CLOSED LABOR DAY	7 Culture Care ZOOM 4pm Open Gym 6-8pm	8 Computer Lab 10am Family Fitness ZOOM 3:30pm Arts & Crafts ZOOM 4pm Open Gym 6-8pm	9 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm Open Gym 6-8pm	10 Family Fitness ZOOM 3:30pm Family Bingo ZOOM 4pm Open Gym 6-8pm	11
12	13 After School Program Delivery BSR Computer Lab 10am Loom Beading ZOOM 4pm Open Gym 6-8pm	14 Culture Care ZOOM 4pm Open Gym 6-8pm	15 Computer Lab 10am Family Fitness ZOOM 3:30pm Arts & Crafts ZOOM 4pm Open Gym 6-8pm	16 FOOD BANK 9-12PM Family Fitness ZOOM 3:30pm Teen ZOOM 4pm Open Gym 6-8pm	17 Family Fitness ZOOM 3:30pm Family Bingo ZOOM 4pm Open Gym 6-8pm	18
19	20 After School Program Delivery BSR Computer Lab 10am Loom Beading ZOOM 4pm Open Gym 6-8pm	21 Culture Care ZOOM 4pm Open Gym 6-8pm	22 Computer Lab 10am Family Fitness ZOOM 3:30pm Arts & Crafts ZOOM 4pm Cooking Class ZOOM 4pm Open Gym 6-8pm	23 Family Fitness ZOOM 3;30pm Teén ZOOM 4pm Open Gym 6-8pm SAVE THE DATE CA INDIAN DAY EVENT	24 TRIBAL OFFICES CLOSED CALIFORNIA AMERICAN INDIAN DAY	25
26 GENERAL COUNCIL MEETING 10AM	27 After School Program Delivery BSR Computer Lab 10am Loom Beading ZOOM 4pm Open Gym 6-8pm	28 Culture Care ZOOM 4pm Open Gym 6-8pm	29 TRIBAL COUNCIL MEETING 10AM Computer Lab 10am Family Fitness ZOOM 3:30pm Arts & Crafts ZOOM 4pm Open Gym 6-8pm	30 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm Open Gym 6-8pm		





### **Big Sandy Rancheria**

37387 Auberry Mission Rd P.O. Box 337 Auberry, CA 93602

