



SMOKE SIGNALS

March 2022

A MESSAGE FROM TRIBAL COUNCIL

Munahoo Neum,

Tzow Isaduwah, good March. Happy St. Patrick's Day! Please be responsible when you are enjoying the festivities.

The Tribal Council has decided to have the 21st Annual Big Sandy Rancheria Powwow & Gathering on Saturday, May 14, 2022, and Sunday, May 15, 2022, at the BSR Powwow Grounds. The flyer will be attached in the newsletter. Applications for vendors and powwow princesses are available on the BSR website or at the BSR tribal office. If you know anyone that would be interested in being the 2022 Big Sandy Rancheria Powwow Princess, the deadline for applications will be Friday, March 18, 2022, by 5:00pm.

The General Council meeting scheduled for Sunday, March 27, 2022, at 11:00am will be taking place at the BSR tribal office. Lunch will be provided, and we are very excited to finally have an in-person meeting, long overdue! We are no longer enforcing masks here at the offices, if you wish to wear one that would be okay. As a reminder, general council meetings are for adult tribal members only, please no children or extra guests. Hope to see you all there and like always, thank you for your time and energy, have a blessed rest of your month.

Council Meetings		Tribal Office Holiday Schedule	
Tribal Council	General Council	Date	Holiday
Wednesday, March 30, 2022	Sunday, March 27, 2022	Friday, May 27, 2022	National American Indian Day
Wednesday, April 27, 2022	Sunday, June 26, 2022	Monday, May 30, 2022	Memorial Day
Wednesday, May 25, 2022	Sunday, September 25, 2022	Monday, July 4, 2022	Independence Day
Wednesday, June 29, 2022	Sunday, December 11, 2022	Monday, September 5, 2022	Labor Day
Wednesday, July 27, 2022		Friday, September 23, 2022	California American Indian Day
Wednesday, August 31, 2022		Friday, November 11, 2022	Veterans Day
Wednesday, September 28, 2022		Thursday, November 24, 2022	Thanksgiving Day
Wednesday, October 26, 2022		Friday, November 25, 2022	Day After Thanksgiving
Wednesday, November 30, 2022			
Wednesday, December 11, 2022			

BSR General Store

Open Everyday
6:00am-10:00pm

559-825-6645

37302 Rancheria Lane
Auberry, CA 93602

RANCHERIA



Thursday, March 17, 2022
9:00am-12:00pm

Big Sandy Rancheria

37387 Auberry Mission Road
Auberry, CA 93602

REMINDER: The newsletter is available by email, if you would like to start receiving the newsletter through email rather than mail, please contact the Tribal Office at 559.374.0066.



TRIBAL ELDER'S Quarterly Meeting

Second Thursday of the month at 12:00pm

MAY 12, 2022

- Meetings are here for you to be informed about what is offered to the Tribal Elders
- Must be a Big Sandy Rancheria Tribal Elder to attend
- There will be lunch and raffle prizes

IF YOU WOULD LIKE MORE INFORMATION PLEASE CONTACT LEANN ANGUIANO
AT 559-374-0066.

Western Mono Language March Mono Language Crossword. Read the clues and answer with the Mono word.

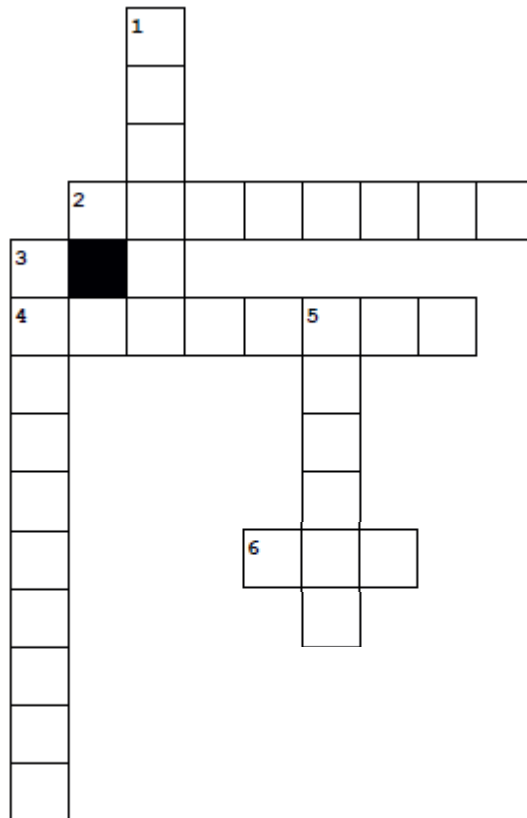


Across:

2. Blooms in the Spring
4. Third month of the year
6. Usually in a garden

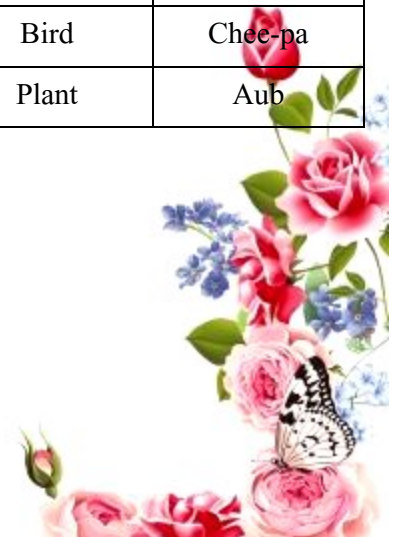
Down:

1. Has wings, flies in the sky
3. A caterpillar turns into a _
5. First stage of a butterfly



Word List

March	I-sad-u-wah
Flower	Heu-be-gha
Caterpillar	Weu-aub
Butterfly	Win-no-poo-sa
Bird	Chee-pa
Plant	Aub



March Birthdays

David Ballard
Haley Ballard
Marion Barrios
Kammie Baty
Michael Baty
Gabriel Beecher
Maddox Bewick
Natalie Colmenero
Bethany Costa
Leniah Edd
Aiyana Furr
Lisa Garcia
Miriam Garza
Alizabeth Huerta
Tyler Hughey
Robert Hutchins
Arcie Jackson

Jarilyn Jeff
James Johnson-Villagomez
Layla Lara
Noelani Lara
Dawn Lavell
Jason Lewis
Christopher Martinez
Ashleigh Marvin
Richard Marvin
Brent Merrick
Justin Moore
Maryah Muldrew
Rogelio Oliver Cinco
Alana Orosco
Adrian Ortiz
Mark Pacheco
Leslie Perez

Michelle Perez
Mikaela Perez
Michael J. Richards
James Robertson
Dillon Rodriguez
Emmitt Sample
Fayla Smith
Ernie Soto
Rodney Stankewitz
William Stankewitz
Detryona Stevenson
Jayvian Telles
Adonis Travis Lizardo
Alexis Valle
Monte Villanueva
Weayaya Walker



Big Sandy Rancheria
Social & Human Services Department

Victims Assistance Program Monthly Zoom Meeting

WEDNESDAY

March 9, 2022

@ 1:30PM

Open Community Discussion/ Q&A

Join Zoom Meeting

<https://zoom.us/j/8806916871?pwd=UXloN2RaZHIERVZMN0tUK1hKLzdWUT09>

Meeting ID: 880 691 6871

Passcode: BSR2

WEDNESDAY

March 23, 2022

@ 1:30PM

Program Resources/What We
Offer

Now available for in-person intake and visits. you are welcome to stop by the office or
schedule a zoom/phone call to go over support services

Location: 37387 Auberry Mission Rd, Auberry, CA 93602

Phone: 374-0066 x 243



**Big Sandy Rancheria
Social & Human Services Department**

Emergency Food Assistance Program

Please bring your own bags or boxes to carry food supplies

**Monday, Wednesday, & Friday
Hours: 2pm-4pm**

Location: 37387 Auberry Mission Rd.
Auberry, Ca 93602
Contact : (559) 374-0049 EX 215 & 243



OVCDC Big Sandy Early Head Start



March 2022

ENROLLMENT

Employment Opportunities
(2) Teachers

Location: Big Sandy
Open Until Filled
ovcdc.com

Center Closure

March 4, 2022

Staff Development Day



Applications for new school program year 2021-2022 are being accepted throughout the year. The EHS Program Offers:

- | | |
|-------------------|----------------------|
| ♦ Education | ♦ Health |
| ♦ Nutrition | ♦ Mental Health |
| ♦ Social Services | ♦ Parent Involvement |

Various Services for Children with Disabilities

Early Head Start Programs reserves 10% of enrollment for children with disabilities.

Story Times, Wednesday @ 11am.

Zoom ID: 688 069 8904

Password: Story

Reminder: Families we are closed to in person at this time due to the rising COVID-19 cases in the community until further notice. We will notify families of any updated changes. Food Deliveries will be on Monday's and Teacher Activities will be delivered Friday's.

37190 Jose Basin Rd. Auberry Ca. 93602

(559) 855-7511, fax (559) 855-7515

Brenda Franks, Site Supervisor— bfranks@ovcdc.com

Blossom Hunter, Family/Child Services Specialist- bhunter@ovcdc.com

Head Start



Big Sandy Rancheria Tribal Head Start Program

Our classroom Valentine's day card exchange was a fun experience for our students! They enjoyed handing out cards and treats to each of their friends and they got to decorate a cupcake to eat after lunch.

Sand was the theme for February, the students looked at different types and sizes of sand. They investigated what sand looks like under a microscope and had a chance to make their own sand. For March, the students will be learning about recycling.

For Read Across America, Teacher Sarah will read Dr. Suess books, and on St. Patrick's Day, the students will have corned beef and cabbage for lunch!

Nutrition and Your Child:

Preschool children are at an age when nutritional habits are formed. It is essential that the whole family is on board in order to establish healthy eating habits.

1) Make it a point to eat as a family when possible. Remember to keep the television and personal devices away from the table. **2)** Frozen and canned fruits and vegetables are just as healthy as fresh. Look for frozen and canned foods that say "no added salt" or packed in water. **3)** Have water, fat free, or 1% milk with every meal. **4)** Preschoolers need snacks. Try to limit snacking to fruit, veggies, and low sugar yogurts.

And most importantly every food is good in moderation!

Special Day

Reminders

Daylight Savings

Time

March 13th, 2022

Community Food

Bank

March 17th, 2022

1st Day of Spring

March 20th, 2022

Closed: Staff

Development Day

March 25th, 2022

559 374 0066

ext. 216

BSR Environmental Department March 2022

Things to come:

- Earth Week:
April 11th thru 15th
- Tire collection
- Abandoned vehicle removal
- Lightbulb and battery collection.
- Community clean up
- Continued education on recycling, household waste, and pollution control efforts.



Tips for Reducing Waste at Home:

1. Purchase products with less packaging.
2. Reduce unwanted mail.
3. Use reusable shopping bags.
4. Drink from a reusable mug or water bottle.
5. Repair furniture or list on the internet.
6. Limit household hazardous waste.
7. Compost food scraps and yard trimmings.

Illegal Dumping

Illegal dumping increases the odds of a spontaneous fire that can grow and eventually become a full-fledged forest fire. Additionally, dumped trash can cause floods either by blocking the natural pathways of water or speeding up the process of erosion.

Illegal Dumping:

Illegal dumping is the act of disposing solid waste at a location that is not a permitted solid waste disposal facility. The hazards to the environment and cost related to clean up hinder BSR Utilities and Environmental Department in many ways. If you have large items i.e. mattresses, contact the Utilities department and we can help with proper disposal.

Composting

Spring is here which is the perfect time to start composting. When choosing a location for your compost bin, look for a spot in the yard that is not in the full sun or underneath or near large trees. Also, avoid putting your compost bin near a wood shed or a fence, since you want good air circulation to encourage decomposition.



For additional information or for any questions contact:

Rebecca Riley @ 374-0066 ext. 240



Work Force Development

The Work Force Development Department is continuing to build and repair on the San Joaquin River Trail at Redinger Dam. The crew is waiting for the snow to melt at Lewis Creek Trail in Oakhurst to finish the construction of the new bridges. If you have any questions please contact the Workforce Department at 559-374-0066 ext. 226.



The crew dropping off supplies at Lewis Creek



The crew checking out the trail to the bridge



The crew trying to get to the work site



Creating tread to repair the trail



Big rocks being removed from the trail



The crew starting to create a new trail

**Big Sandy Rancheria
Community Activities Program**



**EVERY DAY
BSR GYM
3:30PM-6PM**

**WE ARE ALSO OPEN
DURING THE SCHOOL
BREAKS!**

**FEBRUARY 22-25
APRIL 11-15 + 18**

**BREAKFAST, LUNCH +
SNACK WILL BE SERVED
ON THESE DAYS**

for more information please contact CAP Staff at 374-0066

MUST HAVE ON FILE

- AFTER SCHOOL PROGRAM APPLICATION
- PREVENTION APPLICATION
- EMERGENCY CONTACT FORM

**YOUR CHILD MUST BE SIGNED IN
BY AN ADULT (18+)
if your child will be dropped off
later than 9:00am please
contact CAP staff at 374-0066**

CAP Computer Classes

- ▶ Computer Basics
- ▶ Elders Classes
- ▶ Tutoring
- ▶ Adult Education

**Classes held Mondays and
Wednesdays @ 10am.**

**Questions? Contact
Rebecca Riley @
374-0066 ext.240**



BIG SANDY RANCHERIA CAP DEPARTMENT PRESENTS

COOKING & COMMUNITY

**MARCH 18TH 6-8PM AT THE BSR
GYM**

We would like to invite you to join us and challenge yourself to creating new dishes together, exchanging tips and recipes! The recipes will vary from small meals, side dishes, and desserts!

If you are interested in attending this activity and have more than 3 people joining you please contact the CAP department so we can insure enough ingredients for everyone coming!
559-374-0066 ext.206



**BSR CAP DEPARTMENT
PRESENTS
HEALTH & FITNESS**

**MARCH
FITNESS
DAYS!
6pm-8pm
IN GYM**



**CARDIO/WEIGHT
ROOM IS
AVAILABLE
MONDAY-FRIDAY
8AM-8PM**

- CIRCUIT CARDIO NIGHTS EVERY TUESDAY AND THURSDAY
- BASKETBALL NIGHTS EVERY MONDAY AND WEDNESDAY
- VOLLEYBALL NIGHTS FRIDAY THE 11TH AND 25TH

**CAP DEPARTMENT
559-374-0066 EX 207**

DRUG FREE GYM / CHILDREN UNDER THE AGE OF 13 MUST BE ACCOMPANIED BY AN ADULT / PLEASE BE RESPECTFUL TO ALL COMMUNITY MEMBERS AND STAFF



MARCH

BIG SANDY RANCHERIA CAP DEPARTMENT



*MAKE POSTER BOARD

*SONG SHARING

SHARE YOUR FAMILY DISH

*FAMILY TREE DECORATE MINI-ME

IN PERSON AT GYM 14TH and 28th

ZOOM

6PM-8PM

MEETING ID

826 8893 1011

PASSCODE

familytime

ZOOM DAYS

7TH and 21st 4:45PM VIA ZOOM

CULTURE MONTH

WHO AM I? WHERE DID I COME FROM?

FOR MORE INFO CALL CAP STAFF 559-374-0066 EX 207



MARCH

PROTEIN CEREAL BAR MADNESS!



Make a difference this month!

Stay happier! Get healthier!

All recipes and ingredients will be provided!

- Kid friendly
- Pre/Post workout
- Great for on the go
- Afterschool snack
- Easy and fun to make with your family and friends!



This activity will be in person from 6-8pm at Big Sandy Cym Wednesday March 16th and 30th I hope to see you there!

March 2nd, 9th and 23rd will be over Zoom at 4pm

Meeting ID: 673 735 6069 Passcode: 642032

FOR MORE INFORMATION ON THIS ACTIVITY
CONTACT THE CAP DEPT. @ 559-374-0066 EXT 206

Made with PosterMyWall.com



Big Sandy Rancheria
Community Activities Program
Family Formation & Community Activity



Tuesdays in March

Come join us as we start the reopening of the CAP activities

FINGERPRINT ART

Tuesday March 1

Delivery Zoom

Tuesday March 8

Delivery Zoom

Tuesday March 15

In Person

Tuesday March 22

Delivery Zoom

Tuesday March 29

In Person

Zooms at 5pm/In Person 6-8pm

Please joins us for these
fun and creative
Our Activities

Thumb Print Magnet
Thumb Print Pendant Necklace
Thumb Print Planter
Thumb Print Salt Dough Pendant
Thumb Print Family Tree
**ACTIVITIES WILL BE DONE IN THE
ORDER OF LIST**



For more information please
contact CAP Staff 374-0066



BIG SANDY RANCHERIA
CAP DEPARTMENT



SPRING EVERY THURSDAY

MARCH TEENS

ZOOM CAP DELIVERY

MARCH 3RD, 10TH & 24TH

4PM

IN-PERSON

MARCH 17TH & 31ST

IN THE GYM 6PM-8PM

ZOOM

ID

872 6170 1036

PASSCODE

941597

- LET'S GIVE BACK BY STARTING A GARDEN, ONE SEED AT A TIME.
 - EVERY WEEK YOU WILL RECEIVE A NEW SEED TO POT.
 - BEING OUTDOORS IS GOOD FOR YOUR HEALTH
- CALL US FOR MORE INFO
CAP DEPARTMENT
559-374-0066 EX 207

Big Sandy Rancheria
Community Activities Program

join us for a

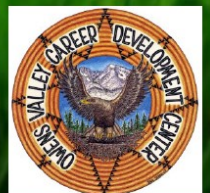
**FAMILY
BONDING
EGG COLORING
ACTIVITY**

**Friday
April 8**

**BSR GYM
6-8pm**

**Dinner
Served**

for more information please contact
community activities program staff
at 374-0066





BIG SANDY RANCHERIA PRESENTS

SPRING



GATHERING

APRIL 9TH 11AM-2PM

FOOD • GAMES • EGG HUNT • FUN

FOR MORE INFO CALL 559-374-0066 EXT.206

THE GATE TO THE LEFT OF STONEHOUSE

33071 AUBERRY RD.
AUBERRY CA.93602



Big Sandy Rancheria 21ST ANNUAL **POW WOW** & GATHERING



Tabawano, Takwa, Nawa, Aug-Ee-Duh "Honoring Fathers"

SAT, MAY 14

SUN, MAY 15

GOURD DANCING 11AM
GRAND ENTRY 12-NOON
GOURD DANCING 6PM
GRAND ENTRY 7PM

HAND GAME TOURNAMENT
REGISTER SATURDAY AT 1PM
\$3,000 IN PRIZE CASH

GOURD DANCING 11AM
GRAND ENTRY 12-NOON

All Drums Welcome

HAND DRUM CONTEST
SATURDAY DURING
DINNER BREAK - 5PM

2022 HEAD STAFF- TO BE DETERMINED

**Dance Competitions- 1ST, 2ND & 3RD place
cash prizes for each category**

MEN:

FANCY, GRASS,
NORTHERN, SOUTHERN,
GOLDEN AGE,
CHICKEN **NEW**

WOMEN:

FANCY SHAWL, JINGLE,
NORTHERN, SOUTHERN,
GOLDEN AGE

TEEN & JUNIOR BOYS:

FANCY & GRASS
(COMBINED)
NORTHERN & SOUTHERN
(COMBINED)

TEEN & JUNIOR GIRLS:

FANCY SHAWL & JINGLE
(COMBINED)
NORTHERN & SOUTHERN
(COMBINED)

**FREE EVENT
OPEN TO THE PUBLIC**

**VENDOR BOOTHS
ARTS/CRAFTS**

**DRUG AND ALCOHOL
FREE EVENT**

PLEASE TAKE ALL PERSONAL PRECAUTIONS FOR SPREAD OF COVID19

WWW.BIGSANDYRANCHERIA.COM

37802 JOSE BASIN RD., AUBERRY CA 93602

FOR MORE INFORMATION 559-374-0066, LIZ KIPP EXT. 212, MATTHEW
MUNOZ EXT 213, BRANDI KELLEY EXT. 206, NORELVA ALARCON EXT. 207



March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Fingerprint Art ZOOM 5pm Circuit Cardio Night 6-8pm	2 BSR Computer Lab 10am Emergency Food Assistance 2-4pm Protein Bars ZOOM 4pm Basketball Night 6-8pm	3 Teen ZOOM 4pm Circuit Cardio Night 6-8pm	4 Emergency Food Assistance 2-4pm CAP STAFF Development Day All Activities Closed	5
6	7 After School Program Delivery BSR Computer Lab 10am Emergency Food Assistance 2-4pm Culture Activity ZOOM 4:45pm Basketball Night 6-8pm	8 Fingerprint Art ZOOM 5pm Circuit Cardio Night 6-8pm	9 BSR Computer Lab 10am TULE RIVER FOOD DISTRIBUTION 10:30-12PM VAP ZOOM 1:30PM Emergency Food Assistance 2-4pm Protein Bars ZOOM 4pm Basketball Night 6-8pm	10 Teen ZOOM 4pm Circuit Cardio Night 6-8pm	11 Emergency Food Assistance 2-4pm Volleyball Night 6-8pm	12
13	14 BSR Computer Lab 10am Emergency Food Assistance 2-4pm Culture Activity (in person) 6-8pm Basketball Night 6-8pm	15 Fingerprint Art (in person) 6-8pm Circuit Cardio Night 6-8pm	16 BSR Computer Lab 10am Emergency Food Assistance 2-4pm Protein Bars (in person) 6-8pm Basketball Night 6-8pm	17 FOOD BANK 9-12PM Teen Night (in person) 6-8pm Circuit Cardio Night 6-8pm	18 Emergency Food Assistance 2-4pm Cooking Class (in person) 6-8pm	19
20	21 After School Program Delivery BSR Computer Lab 10am Emergency Food Assistance 2-4pm Culture Activity ZOOM 4:45pm Basketball Night 6-8pm	22 Fingerprint Art ZOOM 5pm Circuit Cardio Night 6-8pm	23 BSR Computer Lab 10am VAP ZOOM 1:30PM Emergency Food Assistance 2-4pm Protein Bars ZOOM 4pm Basketball Night 6-8pm	24 Teen ZOOM 4pm Circuit Cardio Night 6-8pm	25 Emergency Food Assistance 2-4pm Volleyball Night 6-8pm	26
27 GENERAL COUNCIL MEETING 10AM	28 BSR Computer Lab 10am Emergency Food Assistance 2-4pm Culture Activity (in person) 6-8pm Basketball Night 6-8pm	29 Fingerprint Art (in person) 6-8pm Circuit Cardio Night 6-8pm	30 TRIBAL COUNCIL MEETING 10AM BSR Computer Lab 10am Emergency Food Assistance 2-4pm Protein Bars (in person) 6-8pm Basketball Night 6-8pm	31 Teen Night (in person) 6-8pm Circuit Cardio Night 6-8pm		

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Emergency Food Assistance 2-4pm CAP STAFF Development Day All Activities Closed	2
3	4 BSR Computer Lab 10am Emergency Food Assistance 2-4pm Culture Activity 6-8pm Basketball Night 6-8pm	5 Spring Arts & Crafts 6-8pm Yoga Night 6-8pm	6 BSR Computer Lab 10am Emergency Food Assistance 2-4pm Lazy Keto 6-8pm Basketball Night 6-8pm	7 Teen Night 6-8pm Yoga Night 6-8pm	8 TULE RIVER FOOD DISTRIBUTION 10:30-12PM Emergency Food Assistance 2-4pm EGG COLORING 6-8PM	9 SPRING GATHERING 11:00-2:00PM (33071 Auberry Rd. - gate to the left of Stonehouse Tavern)
10	11 BSR Computer Lab 10am Emergency Food Assistance 2-4pm Culture Activity 6-8pm Basketball Night 6-8pm	12 Spring Arts & Crafts 6-8pm Yoga Night 6-8pm	13 BSR Computer Lab 10am Emergency Food Assistance 2-4pm Lazy Keto 6-8pm Basketball Night 6-8pm	14 Teen Night 6-8pm Yoga Night 6-8pm	15 Emergency Food Assistance 2-4pm	16
17	18 BSR Computer Lab 10am Emergency Food Assistance 2-4pm Culture Activity 6-8pm Basketball Night 6-8pm	19 Spring Arts & Crafts 6-8pm Yoga Night 6-8pm	20 BSR Computer Lab 10am Emergency Food Assistance 2-4pm Lazy Keto 6-8pm Basketball Night 6-8pm	21 FOOD BANK 9-12PM Teen Night 6-8pm Yoga Night 6-8pm	22 Emergency Food Assistance 2-4pm	23
24	25 BSR Computer Lab 10am Emergency Food Assistance 2-4pm Culture Activity 6-8pm Basketball Night 6-8pm	26 Spring Arts & Crafts 6-8pm Yoga Night 6-8pm	27 TRIBAL COUNCIL MEETING 10AM BSR Computer Lab 10am Emergency Food Assistance 2-4pm Lazy Keto 6-8pm Basketball Night 6-8pm	28 Teen Night 6-8pm Yoga Night 6-8pm	29 Emergency Food Assistance 2-4pm	30

Big Sandy Rancheria Transportation Services



We will be reducing transports to one day a week. Please schedule your transport as soon as possible. To schedule an appointment please call the

BSR CAP Department
(559)374-0066

You can also stop by the CAP Department

YOUR APPOINTMENT MUST BE MADE AT THE CAP DEPARTMENT *BEFORE* YOUR SPOT CAN BE RESERVED FOR THE TRANSPORTATION SERVICES. *SCHEDULE APPOINTMENTS ONLY WITH THE CAP DEPARTMENT 24 HOURS IN ADVANCE FOR TRANSPORTS AND 1 WEEK IN ADVANCE FOR OTHER TRANSPORTS.*

The transportation services are provided after your scheduled departure. If you do not arrive on time, your appointment will be canceled and can be rescheduled *with the CAP Department*. For the rules for the transportation services, please call the CAP Department for the revised rules. Transportation services are for Big Sandy Rancheria Tribal Members.

The CAP Department cannot transport kids to school that have missed the bus. All CVIH appointments must be scheduled with CVIH transporter. If the CVIH transporter is unable to transport you, they will need to reschedule your appointment. This applies to all medical, dental, nutrition & referral appointments.

ATTENTION ALL TRANSPORTATION PARTICIPANTS

Big Sandy Rancheria will be requiring updated signatures for transportation rules and regulations.



Big Sandy Rancheria

37387 Auberry Mission Rd

P.O. Box 337

Auberry, CA 93602

