



Smoke Signals

October 2015

A MESSAGE FROM TRIBAL COUNCIL

2015 COUNCIL MEETINGS

GENERAL COUNCIL

Sunday, December 27, 2015

TRIBAL COUNCIL

Wednesday, October 28, 2015

Wednesday, November 25,
2015

Wednesday, December 30,
2015

** change due to holiday*



Munahoo Tribal Members! We just had our quarterly General Council meeting and would like to thank those that were there. We had a lot of new information to share. We would like to encourage all tribal members that can to attend the next General Council meeting. We feel that there will be a lot more information to share.

We have recently been awarded a few grants that will enhance the community. One is a grant for a new well. The others are grants for health and wellness, and will include a community garden. Big Sandy continues to grow and plan for the future.



Tribal Members Jane Stamp, Jake Lewis, Pearl Hutchins, and Brenda Harrison at the "Language is Love" event at Wonder Valley Ranch.

Membership

Please remember that it is important to enroll your children. There are several members that have had babies in the past year, that still have not enrolled their children.

Also, a reminder to the 18 year olds, you must submit your "Notice of addition to Voting List" form on or before your 18th Birthday.

On September 25th, both Liz and Gina represented Big Sandy Rancheria at the California Native American Day Celebration at the state capital. There was recognition for all the California Tribes. Next year, the central tribes will host the event at the capital.

This month, the Tribal Council has a full schedule. There are several meetings this month that the various members of the Tribal Council will be attending for our grants as well as for our tribal businesses. The Community Food Bank will be held again on the 3rd Thursday of the month: October 15th from 10:00 AM until the food is gone. We have served over 150 households on a monthly basis. This is a great benefit to our community.

This month the Tribal Council meeting will be held on Wednesday, October 28th. The Next General Council Meeting will be on December 27th. Please mark your calendar and plan to attend the General Council meeting to hear important information about Big Sandy Rancheria.





Native American Education Program

Setting Goals

Our youth are our future. As parents we want our children to be successful in life. A huge part of success is setting realistic goals and letting that guide our choices in life. Here are some helpful questions to consider:

- What are your child's gifts, strengths & talents?
- Where do you want your child to be a year from now? 10 years from now?
- What needs to happen to help your child reach that goal?
- What resources or information would help you support your child's learning?

Please contact us to meet & discuss any concerns you have regarding your child's education.

Gavin Begaye
Native American
Educ. Prog. Coordinator
Sierra High School
Sierra Jr. High School
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 559-392-8810
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Brenda Harrison
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Foothill Elem. School
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Native American Parent Advisory Committee
 Meets @ SHS Library at 5:30 on these dates:
Nov. 12, 2015/Feb. 11, 2016/April 14, 2016

Upcoming Events @ SJHS/SHS

10/2/15	6 week Progress Reports
10/2/15	CSU Mentor College App. Wkshp.
10/7/15	Early Release
10/9/15	Reg. Deadline for Nov. 7 SAT
10/13-10/15	Parent Conferences
10/21/15	Early Release
10/26-10/30	Spirit Week SJHS
10/28/15	PSAT Exam SHS
10/29-10/31	Haunted Farm SHS Ag Farm
11/4/15	Early Release
11/5/15	Reg. Deadline for Dec. 5 SAT
11/9/15	SUSD Board Meeting
11/11/15	Veteran's Day/No school
11/13/15	12 Week Progress Report
11/20/15	Reg. Deadline for Dec. 12 SAT
11/23-11/27	Thanksgiving Break/No School

Native American Parent Advisory Committee

Our first Native American Parent Committee meeting was held on September 10 in the SHS Library. Elections were held for the 2 boards that oversee our funding. Newly elected board members are listed below.

JOM Committee Members:
 Chairman-Pamelan Lee
 Vice Chairman-Melissa Marrujo
 Secretary-/Treasurer-Janee Jackson

Title VII Members:
 Chairman-Jackie Badoni
 Vice Chairman-Melissa Marrujo
 Secretary/Treasurer-Melissa Perez
 Member at Large-Leslie Perez
 Student Representative-Alyssa Balderas

Please join us at our next meeting. Working together we can make our Native Education Program even more successful.

Upcoming Events @ FES

10/6/15	Picture Retakes
10/7/15	Early Release
10/12/15	No Students/Teacher Work Day
10/13-10/15	Parent Conferences
10/16/15	SOAR Awards
10/16/5	5 th Gr. Civil War Re-enactment
10/21/15	Early Release
10/20/15	6 th Gr. College Assembly
10/22/15	2 nd Gr. To Fresno City College
10/26/15	Red Ribbon Week
10/30/15	Halloween Parade
11/4/15	Early Release
11/5/15	PFA Mtg@ FES 3:30
11/6/15	3 rd Gr. To Sierra Museum
11/7/15	PFA Craft Fair 9-3:30
11/11/15	Veteran's Day/ No School
11/13/15	Mother /Son Dance
11/18/15	Early Release
11/20/15	5 th Gr. Pioneer Day
11/20/15	Report Cards go home
11/23-11/27	Thanksgiving Break/No School

BSR Employee of the Month

This month we recognized Halley Smith as our Employee of the Month for Big Sandy Rancheria.

Halley has held positions in several departments of Big Sandy. Most recently, she is the Distribution Manager and does a fabulous job with our tobacco business. We are very lucky to have Halley as an employee.

Halley was selected through employee nominations, and everyone had wonderful things to say.

Congratulations Halley!!

★ HAPPY ★ BIRTHDAY!

Happy 8th Birthday to Renee Riley

From, Mom and Dad



Big Sandy FALL gathering

Friday October 30

BSR Gym

4:00-8:00



4:00-5:30 PUMPKIN CARVING



5:30-6:00 KEEPING SAFE WORKSHOPS

FOR PARENTS & CHILDREN



6:00-6:30 DINNER

6:30-7:45 TREAT BAG CRAFT



BEADING CLASSES



Youth Class

Tuesdays 5-6

&

Family Class

Thursdays 6-8

We Will Be Teaching



Loom Beading, Peyote Stitch and Medallions

for 6-8 Weeks

They have started the Peyote stitch

For more information please call the

Family Activities Department

374-0066 ext 219 or 206

FAD Weekly Activities

Mondays	After School Program 3:30-6:00 Drum Class 5-8
Tuesdays	After School Program 3:30-6:00 Youth Beading Class 5-6
Wednesdays	After School Program 3:30-6:00
Thursdays	After School Program 3:30-6:00 Family Beading Class 6-8
Fridays	After School Program 3:30-6:00 Movie Night 4 & 11
Saturdays	Family Exercise Time 9-12 Family Fun Time 1-3



Housing Department

It's that time of the year again to start closing windows and doors due to the temperatures cooling down. Now is the time to winterize your swamp coolers, and disconnect the cooler water line.

To be on the safe side this year, please clean out your wood stoves, stove pipes and chimneys to avoid fire hazard. It's very important to inspect your rain gutters for debris to allow them to drain properly when it rains. Please check your roofs to see if there are any holes or even need fixing for a new roof top. Better safe than sorry.

For those that use wood stoves for heat, it is time to gather wood for your homes. Please be careful when you do go out and cut wood because it's still a fire danger, due to dryness.

At this time, we have not received our LIHEAP funds. Please check next month's newsletter for information and assistance.





HEAD START October 2015



Munahoo! Welcome back Head Start families. We are pleased to start yet another year of growth in our preschool community. It seems we have a very mature group of kids this year with 13 four year olds and 7 three year olds. We've started the year with 11 Tribal children, 5 Native and 4 Non-Native children. Of those, we have 9 returning children, 11 children that are new to the program, but 5 of the new were here during the summer. Overall, it seems that we have quite a mature group of children.

At this point, we are completing the health and sensory screenings as required by Head Start. Those screenings include Hearing, Vision, Dental, Speech, Mental Health, Nutrition, and Developmental assessments. These screenings are to ensure that each child is developing at a normal rate to give them the best chance for academic success once they reach Kindergarten. If, however, the children are not developing at a normal rate, we provide referrals to ensure that each child receives the attention they need.

We will be having our first parent meeting at the gym on

Tuesday, September 29th at noon and lunch will be provided. We encourage all parents to attend, especially those are

interested in serving as Policy Council members.

PC member make up our parent board and assist

in making decisions on the direction of our

program.

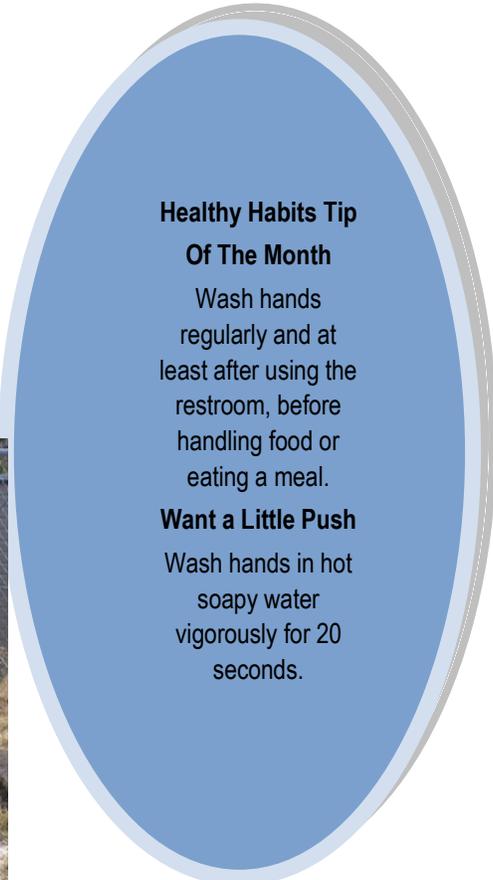


NEW COMMUNITY FOOD BANK

Every 3rd Thursday of the Month

October 15, 2015

10:00 am – until food is gone



Healthy Habits Tip Of The Month

Wash hands regularly and at least after using the restroom, before handling food or eating a meal.

Want a Little Push

Wash hands in hot soapy water vigorously for 20 seconds.

Healthy Recipe

Chicken Pot Pie In A Pumpkin

Boil chicken quarters, approximately 45 minutes then remove skin and bones, return to pot with chicken stock. Cut up celery, onion, bell pepper, and carrots into 1 inch chunks and add to pot. Season to taste and thicken if preferred.

Pumpkin Preparation

Cut a lid from the top at an angle to make sure the lid doesn't fall into the pumpkin. Remove seeds and pulp from 5-6 inch pumpkin then bake for 30 minutes. Add chicken and other ingredients topping with crumbled crackers. Bake again for 30 minutes and serve.

Enjoy a healthy dinner



Iuhpin'
Native
garden
clean up day



Woodward Park
Native Garden
Monday October
12th, 2015
Depart BSR @ 8am
Arrive back @ BSR
approx. 2pm

Come out and join the Environmental Programs and FAD staff for trip to a native plant and harvesting garden near Woodward Park. The garden is currently 5 acres in size and the volunteers will learn traditional plant names, their traditional uses, and how to properly harvest.



For more information contact FAD.

Permission slips will be available in the gym.



BIG SANDY SWAP MEET



WHEN: 8am-2pm

Saturday, October 24th

WHERE: Big Sandy Rancheria Pow Wow Grounds
(corner of Jose Basin and Auberry Mission Rd)

WHAT: New, Used, Food, Crafts, and More!

*Vendors contact rsewell@bsrnation.com for a Vendor Form

*In the case of rain will move to the Multi-Purpose Building just south of the casino on Auberry Mission Rd.

Elders Corner:

The elders had a great time at the Acorn Festival. There were 10 elders that attended. The next Elders meeting will be on Wednesday, October 21, 2015 at 10 AM in the Gym. Bring your ideas for activities. The holidays are right around the corner. Also, CVIH will be here at the gym giving flu shots on the same day.



HAPPY BIRTHDAY

Wilma Lewis
Mable Berry

Geraldine Alec
Daniel Lewis



Environmental Programs

This month we have had so much fun working with the children participating in the summer program. We have taken field trips, studied mono words, and continued with our educational curriculum. We were invited to explore the Woodward park Native garden and study the different plants that grow abundantly there. From sage to deer grass and elderberry, each student harvested as much as they could carry. We were blessed to have Language Specialists Pearl Hutchins and Laura Wass participate and demonstrate the many different uses for each plant. In the future we will be planning to return to the garden and assist other volunteers in a clean-up day.



October 2015

SUN	MON	TUE	WED	THU	FRI	SAT
FAD After School Youth Activities (Homework/Reading Assistants) Monday - Friday After School BSR Gym 3:30-6:00				1	2 Eagle Feather Awards 6-8	3 FAMILY Exercise 9-12
4 SLMBC Services 9:45/11:00	5 Drum Class 5-8 Positive Indian Parenting Class	6 Youth Beading Class 4-6 Family Basketball 6-8	7 Sacred Landmark Church Bible Study 6:30-8	8 Family Beading Class 6-8	9 Family Movie Night 6-8	10 GENEALOGY DAY 10-3
11 SLMBC Services 9:45/11:00	12 Drum Class 5-8 Positive Indian Parenting Class 6-9 Native Garden	13 Youth Beading Class 4-6 Family Basketball 6-8	14 SLMBC Bible Study 6:30-8	15 Family Beading Class 6-8 Food Bank Start Time 10:00	16 Youth Sports 6-8	17 NO ACTIVITIES
18 SLMBC Services 9:45/11:00	19 Drum Class 5-8 Positive Indian Parenting Class	20 HICAP Youth Beading Class 4-6 Family Basketball 6-8	21 Elder Meeting CVIH Flu Shots 10-12/1-3 BSR Gym SLMBC	22 Family Beading Class 6-8	23 Family Movie Night 6-8	24 SwapMeet FAMILY Exercise 9-12 Fun Time 1-3 Basketball 3-5
25 SLMBC Services 9:45/11:00	26 Drum Class 5-8 Positive Indian Parenting Class	27 Youth Beading Class 4-6 Family Basketball 6-8	28 SLMBC Bible Study 6:30-8	29 Family Beading Class 6-8	30 Fall Gathering 4-8	31 FAMILY Exercise 9-12 Fun Time 1-3 Basketball 3-5

NOVEMBER 2015

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Drum Class 5-8 Positive Indian Parenting Class	3 Youth Beading Class 4-6 Family Basketball 6-8	4 Sacred Landmark Church Bible Study 6:30-8	5	6 Family Movie Night 6-8	7 FAMILY Exercise 9-12 Fun Time 1-3 Basketball 3-5
8 SLMBC Services 9:45/11:00	9 Drum Class 5-8 Positive Indian Parenting Class 6-9	10 Youth Beading Class 4-6 Family Basketball 6-8	11 ALL TRIBAL OFFICES CLOSED VETERANS DAY SLMBC	12 Family Beading Class 6-8	13 Family Movie Night 6-8	14 TRADITIONAL NATIVE FOODS FEAST 1-6
15 SLMBC Services 9:45/11:00	16 CVIH Flu Shots 10-12/1-3 BSR Gym Drum Class	17 HICAP Youth Beading Class 4-6 Family Basketball 6-8	18 Elder Meeting SLMBC Bible Study 6:30-8	19 Family Beading Class 6-8 Food Bank Start Time 10:00	20 Youth Sports 6-8	21 NATIVE AMERICAN HERITAGE MONTH CELEBRATION
22 SLMBC Services 9:45/11:00	23 Drum Class 5-8	24 Youth Beading Class 4-6 Family Basketball 6-8	25 SLMBC Bible Study 6:30-8	26 ALL TRIBAL OFFICES CLOSED THANKSGIVING	27 ALL TRIBAL OFFICES CLOSED NO ACTIVITIES	28 FAMILY Exercise 9-12 Fun Time 1-3 Basketball 3-5
29 SLMBC Services 9:45/11:00	30 Drum Class 5-8	FAD After School Youth Activities (Homework/Reading Assistants) Monday - Friday After School BSR Gym 3:30-6:00				

Big Sandy Rancheria Transportation Services

Transporter hours: 8:00am-5:00pm

To schedule an appointment please call:

Tammie Walker at the office

374-0066 ext. 214 or by cell 348-7454

Or stop by the gym in the FAD OFFICE

YOUR APPOINTMENT MUST BE MADE AND VERIFIED WITH TAMMIE BEFORE YOUR SPOT CAN BE RESERVED FOR THE TRANSPORTATION SERVICES. SCHEDULE APPOINTMENTS ONLY WITH TAMMIE 24 HOURS PRIOR FOR LOCAL TRANSPORTS AND 1 WEEK IN ADVANCE FOR FRESNO TRANSPORTS.

The transporter will wait for 15 minutes after your scheduled departure. If you do not arrive in time, your appointment will be canceled and can be rescheduled with Tammie only. There are new rules for the transportation services, please call the transporter for a copy of revised rules. Transportation services are for Big Sandy Rancheria tribal members.

The transporter cannot transport kids to school that have missed the bus. All CVIH appointments are to be scheduled with CVIH transporter. If the CVIH transporter is unable to transport you, they will need to reschedule your appointment. This applies to all medical, dental, nutrition & referral appointments.

NEWSLETTER SUBMISSIONS

To submit an article in the newsletter please contact Gina Riley by **Email:** griley@bsrnation.com

Mail: PO Box 337 Auberry, CA 93602 **Phone:** (559) 374-0066 ext. 200

All submissions must be made by the 20th of each month.



Big Sandy Rancheria

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